

Travel Guidelines and Expectations

Student-Athletes traveling as a member of the Princeton National Rowing Association (PNRA)/Mercer Rowing Program represent and are a window on PNRA and the Mercer Rowing Programs. As such, they are expected to represent themselves and our program with honesty, integrity, and character.

The full expectations and behavior required of a Mercer Student-Athlete is found in the Mercer Junior Rowing Club Code of Conduct. These Travel Guidelines and expectations are supplemental to the Code of Conduct and meant to highlight the expectations and standards found in the Code of Conduct.

When Student –Athletes travel as a member of a PNRA/Mercer Rowing Team, they agreed to abide by the following rules:

- Unless specified by the coach responsible for their boat, there is a 9pm curfew for all Student-Athletes. (All athletes must be in their rooms by 9pm)
- While social interaction between team members of the opposite gender is an important part of a team, it should only take place in public areas. Student-Athletes will not entertain members of the opposite gender in team arranged hotel/motel rooms.
- Student-Athletes are here to row, your boat and team are your top priorities
- During practice times Student-Athletes are required to stay with their team unless the responsible coach approves an alternate activity (e.g. no exploring/shopping unless approved by their coach)
- PNRA/Mercer has a zero tolerance for Alcohol and Drug consumption. Student-Athletes will not possess alcohol or non-prescription drugs or paraphernalia.
- Student-Athletes agree to comply with all chaperones directions and instruction.

I _____ have read and agree to the above terms. I understand that any violation of these rules may put my ability to race in this regatta at risk and may have other consequences that impact my participation in the Mercer Rowing Program.

Signed: _____

Print Name: _____

Parent Signature: _____

Parent Printed Name: _____

Date _____