Varsity Girls Head Coach

Princeton National Rowing Association (PNRA) / Mercer Junior Rowing Club (MJRC)

- Applications will be accepted until the position is filled
- Interviews are expected to begin the week of June 16
- Anticipated start between July 15 August 15.

About PNRA/Mercer:

The Princeton National Rowing Association (PNRA) is a nationally recognized nonprofit organization dedicated to growing the sport of rowing through competitive, developmental, and community-based programs. Mercer Junior Rowing Club (MJRC) is one of the largest and most competitive junior programs in the country, regularly qualifying boats that medal at the USRowing Youth National Championships and producing collegiate-level athletes. PNRA is headquartered at the Caspersen Rowing Center on Mercer Lake in West Windsor, NJ—a premier rowing facility and one of USRowing's designated High Performance Training Sites. In partnership with USRowing, PNRA recently announced a major site expansion to further elevate training opportunities and support the next generation of high-performance athletes.

Position Summary:

PNRA is seeking an experienced and motivated Varsity Girls Head Coach to lead our nationally competitive girls team. This role offers the opportunity to coach at one of the top junior rowing clubs in the country in an environment that supports athlete development, competitive excellence, and future collegiate and national team pathways.

Key Responsibilities:

- Oversee the entire girls program, including both varsity and novice squads, in close collaboration with the Novice Girls Head Coach, to ensure seamless athlete transition and continuity of coaching philosophy and training progression.
- Plan and execute all aspects of the varsity girls training program, including daily practices, technical development, and race preparation.
- Develop seasonal training plans aligned with overall club goals and national-level competition standards.
- Cultivate a positive, inclusive, and high-performance team culture that emphasizes discipline, teamwork, and personal growth.
- Mentor and manage assistant coaches within the girls program.
- Support athletes through the college recruiting process and long-term development.
- Work closely and cooperatively with the Boys Head Coach and communicate effectively with the Director of Rowing to serve the broader needs of the club.
- Participate in team travel, race day logistics, parent meetings, and other program-related events
- Assist with any facility related activities and events, including but not limited to: hosting

regattas, maintaining the fully buoyed 7-lane course, and other facility work as needed.

Qualifications:

- Proven coaching experience at the high school, club, or collegiate level (varsity or head coaching experience preferred).
- Demonstrated success developing competitive athletes and teams.
- Strong leadership, communication, and organizational abilities.
- A passion for developing athletes both on and off the water.
- Knowledge of the collegiate recruiting process; experience guiding student-athletes through it is a plus.
- USRowing Level 2 certification or higher preferred (or willingness to obtain).
- CPR/First Aid certification
- Must possess a valid drivers license.
- Must pass a background check and meet all SafeSport requirements.

Compensation:

Competitive and commensurate with experience. Additional income opportunities may be available through private coaching, camps, and other PNRA programming.

The position is eligible to participate in PNRA's group health insurance and 401k plans.

Employment Relationship:

The position is an "at-will" position. The Varsity Girls Head Coach should not be subject to and will not enter into any agreements or arrangements, written or oral, which would limit, restrict or interfere with their ability to perform the functions associated with the position, without the prior approval of the executive director of the PNRA.

The Varsity Girls Head Coach is subject to PNRA's Privacy Policy, Codes of Conduct, Safe Sport Policies, other applicable PNRA Policies and is subject to the successful completion of a background check.

Other:

As part of the position, the Varsity Girls Head Coach will be provided with:

- A desk at the Caspersen Rowing Center;
- A computer. The computer and all programs and content of the computer will at all times remain the property of PNRA;
- Keys that will allow access to areas of the Caspersen Rowing Center. When the
 employment relationship with PNRA ends, the person will be responsible for returning
 these keys to the Executive Director;
- An email account. After separation from PNRA, this email account will be disabled; and

• A PNRA Company Credit Card which will be surrendered upon separation from PNRA.

Become part of a team deeply committed to athlete development, competitive excellence, and a supportive community culture.

To apply, please send a resume, cover letter, and three references to:

Jamie Hamp, Director of Rowing - jhamp@rowpnra.org