Mercer Junior Summer Program 2025

Mercer Junior Summer will look a little different than past years. Due to a variety of factors - including USRowing Youth Nationals schedule, Canadian Henley/Labor Day schedule, optimizing rest and off-season time for rower well-being and health - summer season will continue directly after spring and end in mid-July, allowing 6 weeks off before the beginning of fall season.

This program is open to anyone who has completed at least one season of competitive rowing and is u19 (born in 2007 or later) OR just completed high school (graduation June 2025). If you do not fit those criteria, please email Jamie before registering.

If you are a year-round Mercer Junior rower who is attending Youth Nationals, please read Jamie's email BEFORE registering to ensure you are not overcharged.

If you are not a year round Mercer rower or are new to the program, please ensure you submit your FORMS before the first day of practice. You will need a swim test, health clearance form, and complete the Mercer Program forms.

You are welcome to choose to register for only one session, but please ensure you are aware of the specific dates, etc associated with each week. We do not prorate for missed days for personal travel, etc except in extenuating circumstances.

Session 1:
Dates: Monday May 19 - Thursday June 12
Practice schedule: Monday through Friday, 4:15-6:30pm
Cost: $600 + $100 facility fee
Session 1 does not include any racing (you will not race if you only register for session 1)

Session 2:
Dates: Monday June 23 - Monday July 21 (trailer unloading only)
Practice schedule: Monday through Friday, 5:30-7:45am
Cost: $650 + $100 facility fee
Races: Independence Day Regatta (July 4-6) and Philly Youth Regatta (July 19) - both in Philadelphia PA
Session 2 includes all fees associated with races but does not include transportatio

Whole summer (sessions 1 + 2) is $1050 + $100 facility fee;

Program Director: Jamie Hamp - jhamp@rowpnra.org
Boys Head Coach: Brian Price
Girls Head Coach: *tbd*