



Mercer Juniors Varsity Rowing - Fall 2025



Start Date: Tuesday September 2 2025

End Date: Saturday November 22 2025

Information Zoom: Thursday September 4 2025 at 8pm via zoom

Practice Schedule: Monday through Friday, 4-6:45pm; Saturday practice window 7-am-1:30pm, Sunday 7-11am

Location: Caspersen Rowing Center at 1 South Post Rd, West Windsor, NJ

Registration link: <https://www.rowpnra.org/mercer-rowing/juniors/registrationforms/>

Varsity Boys Head Coach and Director of Rowing: Jamie Hamp (jhamp@rowpnra.org)

Varsity Girls Head Coach: Matt Grau (mgrau@rowpnra.org)

Registration Fees: \$1600 plus \$150 facility fee

Fall Race Schedule:

Sunday October 12: Head of the Housatonic, Shelton CT (up to three 8+s per team)

Sunday, October 19: Head of the Charles, Boston, MA (depart on Thursday October 16, return late Sunday October 20 – select varsity)

Sunday October 26: Head of the Schuylkill, Philadelphia PA (all varsity)

Sunday November 2: Mercer Fall Classic (home) (all varsity)

****Parent Volunteers will be needed for this event****

Saturday-Sunday November 8-9: Frostbite and Braxton Regattas (home) (all varsity)

****Parent Volunteers will be needed for this event****

Please note that ALL Mercer athletes will need to be members of USRowing, but basic membership is fine for the fall racing. Please visit your [membership portal](#) to check your status and upgrade if necessary.

In addition, all athletes who are 18 or older will need to complete the SafeSport Abuse Prevention for Adult Athletes course. Anyone who turns 18 during the fall season, should plan ahead for this. You can access this course from your [USRowing membership portal](#).

